



# International Rugby Academy

An elite, high performance 7s rugby program, based in Stellenbosch, South Africa

## Background Info

Caylix Sport – a development & management company based in Stellenbosch – partnered with Tiger Rugby USA to establish **Tiger Rugby Africa**. Sevens legend Frankie Horne, Head of Sevens Rugby at Caylix Sport, will spearhead the program. During 2017 and 2018 the Academy will offer four different Sevens Rugby programs, all taking place during different periods of the year.

## About Stellenbosch

Stellenbosch is one of South Africa's most beautiful and prime tourism destinations. Situated about 23 miles from Cape Town International Airport, Stellenbosch is home to about 155,000 people and one of South Africa's most prestigious Universities. The town is at the heart of the South African wine industry and also has a very rich rugby history. The town boasts one of the oldest and largest rugby clubs in the world and has a school named after the first ever Springbok rugby captain.

**It is also home to the 2016-17 Sevens World Series Champions.**

## The Programs

The aim of the Sevens programs is to prepare players to take a step to the next level and possible higher honors in their 7s Rugby career.

The programs address all technical & tactical aspects of Sevens Rugby as well as physical and mental components and include the following:

- High performance coaching programme
- Recovery services
- Strength & conditioning
- Player assessments and reporting
- Medical support structure
- Accommodation
- Three meals a day
- All academy related transport
- Training and playing kit
- Local tournaments/matches
- International tours (Optional)

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## International Tours

All programs will include an international tour at an additional cost of \$2,750 per tour. International tours are not compulsory, and players will have to indicate this on the application form.

## Experience the South African Rugby Culture

Along with high performance rugby development, Tiger Rugby Africa will provide all participants with unique and valuable cultural experiences. Aligning with both Caylix Sport and Tiger Rugby's values of serving our local communities, players and coaches in the Academy will engage in activities that contribute to the empowerment of South African communities. The overall goal of these efforts is to equip participants with sport and life skills that improve decision-making and positive behavior.

## Program Packages & Dates

Program	Price	Starting date	Finishing date
2.5 Months*	\$ 6,797	30 October 2017	12 January 2018
4.5 Months	\$ 11,997	15 January 2018	25 May 2018
7.5 Months	\$ 18,997	15 January 2018	31 August 2018
3 Months	\$ 7,997	17 September 2018	14 December 2018

## Costs of Packages Exclude:

- Flights to and from Cape Town, South Africa
- Medical cover
- Travel insurance
- VISA related costs

For any details regarding medical insurance options, please revert to the application form and player contract.

## Entries and Payment Deadlines

Please take note of the following important dates for the different programs. A non-refundable deposit of \$750 has to be paid to confirm your place.

Program	Entries & Deposit	Full Payment
2.5 Months	8 September 2017	30 September 2017
4.5 Months	10 November 2017	30 November 2017
7.5 Months	10 November 2017	30 November 2017
3 Months	30 June 2018	31 July 2018

*In the event of an international tour being cancelled, you will receive a full refund on the tour costs of \$2,750.00.*

*The 2.5 month program will have a holiday break on the 23rd of December, and will restart on the 2nd of January 2018. Players are welcome to explore South Africa during this time. Accommodation and meals will continue during the holiday.*

## Contact Details

Application forms are available from, and can be submitted through the following websites:

Tiger Rugby - [www.tigerrugby.com](http://www.tigerrugby.com) or Caylix Sport – [www.caylixsport.co.za](http://www.caylixsport.co.za)

For more information, please contact Ludwig Gerstner at [ludwig@caylixsport.co.za](mailto:ludwig@caylixsport.co.za) or Ameerah Daniels at [ameerah@caylixsport.co.za](mailto:ameerah@caylixsport.co.za)



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